

以下，是接受 賀金仕博士 及 王醫師 整合醫學治療後身體獲得改善的病患感言，這些感言足以證明了口腔裡的金屬（重金屬中毒），有毒牙材 及 不恰當的治療所產生的厭氧菌對人體所造成的危害。特須接受標準、完整性、整體性、循序漸進治療的重要性。嚴格遵循賀金仕博士的健康照護計劃、修復程序才能夠真正免於二次中毒 及 無法逆轉的神經傷害，這才有助於提升免疫系統 及 修復系統的正常運作。

切勿在一知半解的狀況下，輕忽草率處理的後果（沒有按照健康照護計劃、標準治療 及 修復程序，反而會造成身體更大的傷害 及 神經、免疫系統疾病）請選擇合格的整合醫學醫師。

王醫師 為 賀金仕博士 “**整合牙醫**” **亞洲唯一代表**，若您有相關問題，歡迎與我們聯繫：（加入 LINE 及 Wechat 可一對一線上即時諮詢）

立宸 (整合醫學) 中心
Regent Holistic Medical Center
地址:台北市士林區忠誠路 2 段 42 號 1 樓
TEL : +886-2-2833-6698
Cell : +886-915-951-395
E-mail : regenthmc@gmail.com

LINE : @zbg5757m



Wechat ID : rhdctw



感言

以前的我情緒不穩定，容易發怒，睡眠品質也不是很好，臉及手上的皮膚有許多黯黑色的斑點，吃了很多坊間的健康食品都沒辦法改善，直到別人介紹我認識了王醫師接受王醫師建議把汞齊和金屬假牙移除。

自從移除汞齊和金屬假牙後，又配合王醫師的健康照護計劃補充營養之後，1 至 2 個月有了明顯的改善，人變得比較開朗，比較不容易發怒及鑽牛角尖。連手上的黑斑也明顯淡化許多，皮膚也變得有光澤；這是過去嘗試過各種保健品所未能達到的效果!!

沒想到汞齊和金屬假牙除了對身體有害之外，還會嚴重影響人的情緒。

很高興王醫師能替我改善情緒及身體的問題。

2009 年 7 月

廖阿嬤

今天剛移除右半邊的汞齊填補物，因為王醫師說必須按照電流的順序來移除。果真在右半邊的汞齊填補物移除後，我在公車上就覺得左右腦似乎感覺不太一樣。後來發現我的左右脈博也不一樣了！左側的脈象就像上次上針灸課時陳醫師把的脈一樣，頭部幾乎不成脈，而胸腹下半部有深的伏脈。然而右側脈象變正常了：頭胸腹等平均，頭部更明顯，且沒有伏脈現象。（我今天除右側的汞齊填補物）王醫師上次真是說對了！難怪在我還未除汞之前，每天早上都會打哈欠很累，這是因為氧氣根本

無法到達腦部。試想想銀粉的確對我們的身體健康影響很大!!

謝謝王醫師!

敬祝 順心!

2009/8/20

張醫師

I had two mercury fillings removed over six months ago by Dr. Janet Wong. Afterwards I felt lighter, more alert, and haven't been sick since. It seems to have contributed to my day to day living and maintenance of good health. I would certainly recommend others to remove any metal fillings and replace them with least reactive composite resin ones!

6 個月前，我在王醫師的輔助下把口內唯有的 2 顆銀粉填補物移除。

移除後，頓時覺得身體很輕盈! 更敏捷，而且從那時候開始就沒再生病了。

這些銀粉填補物似乎影響我每天的生活和良好健康的維護 !!!

我肯定會介紹朋友把他們口內任何的金屬移除而以低過敏原的樹脂填補。

2009 年 10 月

Angelo

2010年1月26日：

除完汞齊，眼睛感覺特別清楚、明亮，頭腦清新。隔天起床後，腰部疼痛的問題有明顯減輕。

2010年1月30日：

肩頸酸痛、緊張的情緒都減少很多！

2010年2月2日：

晚上睡眠較沈、腰痛(十多年曾有椎間盤輕度突出)已好了 95%。身體莫名的疼痛(包括肌肉、關節部份) 也好了 70%--80%。體重從 73.5 公斤變成 71.2 公斤(除汞後 13 天)，少了 2.3 公斤。飲食都照常，而王醫師建議少吃高澱粉類，多吃綠色蔬菜和有機肉類。謝謝王醫師讓我的身體有重新自癒的機會！

2010年3月

Vicky

我到立宸牙醫診所是為了尋求牙周病治療。雖然十年前已經在醫院動手術治療過，可是無法根治。我很訝異立宸牙醫診所的王醫師幫我全口評估之後，製訂了一個自然療法的治療計劃，並告訴我不需做任何牙周手術，可是在治療前先必須做一個量身訂做的健康照護計劃包括檢測血液生化反應、頭髮內所含的營養量，這樣才能了解我目前身體的狀況如何，從而才知道如何幫助我提高我的免疫系統，這樣的治療才能達到效果，並且一再叮嚀我必須戒掉吃含咖啡因食物和吃海產的習慣。這是我平生第一次遇到牙醫師是這麼提倡靠體內營養的均衡來治療牙周病，並且常常耳提

面命要讓身體代謝出去的毒素必須比吃進去的多，然後再配合王醫師臨床外在輔助性的治療和我自己居家的照顧。

我在王醫師的牙周病治療下，漸漸的在短短的三個月當中，牙齦的顏色逐漸回復粉嫩，牙縫也漸漸變小了，更不可思議的是跟隨我十多年的痛風，一拐一拐的腳(依靠藥物控制疼痛十多年)，如今奇蹟似的痛風腳不痛了，而且不需再到新陳代謝科回診，杵狀指與四肢輕微水腫也消失不見了，也不再失眠，現在走路可是箭步如飛，身體輕盈多了。可是王醫師還是會一再叮嚀我修好的機器(身體)還是要好好的愛惜和保護，她常說"走路還是要慢慢走，這樣膝蓋的使用年限才會長久"。另一方面，我也逐漸瘦了3公斤，這也是我以前所無法做到的，甚至以前也有吃過醫院營養師調配的瘦身餐，還是無法把體重控制下來。所以我常跟王醫師開玩笑的說"妳是不是放了減肥藥給我吃？"王醫師總是很開心的回答說"好像是買一送一，我幫妳治療牙周病卻又讓妳減重，痛風也沒了，手指頭的痛風石也逐漸變小，這也沒有什麼好大驚小怪的，其實只要能讓體內的營養素達到平衡，讓體內所有的化學機制能順利進行，再加上患者願意從飲食和生活作息上稍做改變，這樣就能得到很好的成效。

總而言之，這是我前所未有的體驗！

很感謝王醫師還給我一個健康的身體，讓我現在出國遊玩都能很盡興！！

2010年7月

彭女士

我在做全口口腔治療之前，渾身都不舒服

1. 容易不明究理易動怒
2. 焦慮緊張致使休克昏倒、無力
3. 經常有呼吸困難的現象
4. 注意力無法集中
5. 嗜睡 困倦 昏昏欲睡
6. 比平時易疲勞
7. 手指腳趾或嘴唇發麻或刺痛
8. 晚上特別頻尿
9. 四肢水腫

立宸牙醫診所的王醫師幫我作了全口評估診察之後，很詳細的告訴我各顆牙齒與各個器官的聯結關係，根管細菌和毒素如何循行血液淋巴系統去破壞組織和器官。同樣的，口腔內的銀粉填補物所產生的汞蒸氣和電流如何破壞我身體的平衡。

在治療之前，我做了血液和頭髮的檢驗來了解自己目前的身體狀況，王醫師也提供了營養均衡的飲食方式。這樣的治療幫助我免疫系統的提高和新陳代謝的促進。

在手術後數天，我感覺到自己身體有了明顯的變化，本身之前就有高血壓，現在量都沒了!!

頻尿的夜晚完全消失，可以一覺到天亮。原本因為脊椎壓迫到神經而導致不良於行的右腿在術後幾個月，發現自己走路的速度比接受手術前還快。人也變得比以前開朗，精神氣色明顯好很多，朋友也說我變漂亮了。

未治療前月事來會疼痛，手術治療完之後，月事來不會再疼痛，而且也沒太多血塊。我很慶幸遇到牙科整合性治療的王醫師，能接受如此完善的治療和照顧，在鎮靜麻醉的輔助下，把我全口有問題的牙齒在一次約診當中完全做處理而沒有任何疼痛或腫脹。

若再次讓我選擇，我還是會選擇王醫師配合健康照護計劃所建議的營養補充和飲食的調整，再用鎮靜麻醉的方式，幫我把 12 顆根管有問題的牙齒和齒槽骨空穴一次拔除和清除。這些垃圾清除後，我的身體才能如此的快速自癒和修復。

2010 年 10 月

洪女士

我是接受了王醫師的建議，在鎮靜麻醉的輔助下，把口腔內所有有問題和有毒的牙齒在一次的約診當中去除。在這手術後的一個月，我以前的頭痛、頭暈及貧血的症狀好轉很多!

現在依然按著王醫師的囑咐，維持良好的飲食習慣，希望自己更健康!

沒想到口腔的牙齒竟然會影響全身，而且我中毒這麼多年都不知情，真可怕!!

感謝神的指引，讓我找到王醫師，也謝謝王醫師為我的健康所做的一切努力，並教育我有關於汞齊填補物和其他毒物的真相！

2010年11月

馬女士

I am a breast cancer patient. I went to Regent Dental Clinic to have my mercury fillings (done when I was in primary school) removed from my teeth. I also had my gums, where the teeth had been extracted some years ago and left empty, operated on and cleansed. Dentures are then made to be worn on the vacant parts of the gums. Detoxification had been carried out simultaneously under different forms such as aromatherapy massages, sauna, soaking of feet in specially treated hot to warm water as well as oral consumption of supplements. The whole process of treatment under Dr Janet Wong Poo Jern was systematic, efficient and very satisfactory.

我是一名乳腺癌患者。我到立宸牙科診所移除我的汞齊填充物（在我小學時補的）。同時我也接受齒槽骨空穴治療，把牙齦切開及清乾淨裡面的厭氧菌（多年前拔牙後所留下的空穴，牙齦已癒合，但還有空穴藏汙納垢 {厭氧菌}）。缺牙部分配上活動假牙。排毒療程同時間進行，有香薰按摩，桑拿，浸泡雙腳（水是過濾過，不含重金屬或有毒物質）及口服排毒補給品。王醫師的整合醫學療程有效的和非常滿意。

2011年6月

Wong Poo Lin

I LimPah Mock ,ah Mock , was treated by Dr Wong Poo Jern of Regent Holistic Dental Clinic from 1st June 2011 to 11th June 2011. The treatment consisted of removal of mercury filling from my teeth, extraction of decayed teeth and operation on the gums

where teeth had been extracted in the past. A total of 21 cavities had been operated on and cleansed. New sets of dentures are made and worn comfortably on the upper and lower gums. Other detoxification processes such as sauna bath, soaking of feet in warm salted water and aromatherapy massages were carried out every other day. Consumption of supplements were given daily by Dr Wong. After undergoing the well-programmed treatment, I feel stronger and healthier

我林泮謀，（阿謀）接受立宸整合醫學王醫師的治療，從 2011 年 6 月 1 日 - 11 日。治療包括汞齊移除，拔除已蛀牙齒 及 齒槽骨空穴處理。同時洗牙及補了 21 顆的蛀牙，新做兩副活動假牙，工藝非常好，上下都咬合精準，佩戴的舒服。隔日 1 次的排毒療程，有桑拿，浸泡雙腳在溫暖的鹽水和香薰按摩，及每天也食用所需補給品。經歷王醫師這完整的治療，我感覺更強壯，更健康。

2011 年 6 月

LimPah Mock

手術後，經王醫師順勢療法做身體調整和排毒後最大的不同是：

1. 睡眠品質改善，不必再靠安眠藥入睡，也能睡得很好！
2. 耳鳴情況改善：雖然還會耳鳴，但耳鳴頻率沒有以前高！聲音也較以前微弱
當沒有耳鳴時，是我最開心的時候。也是我腦筋較清醒的時候，
真希望耳朵能正常，耳鳴不要再干擾我！
3. 困擾我很久的飛蚊症也自癒了
4. 以前常頭痛，現在沒有了

5. 晚上不再頻尿
6. 便秘和腳抽筋也沒了
7. 之前膝蓋莫名水腫和疼痛，現在也不痛了，而水腫也慢慢在消腫當中

很幸運有王醫師一整套完整的整合治療方式!!

2011/11/30

周小姐

除汞療程紀錄:

10/31(一)

第一顆(上排右方倒數第三顆大白齒)牙齒除掉汞後，當天有種瞬間輕鬆的感覺，尤其是我一直有些心悸的狀況，也因為除掉這顆的汞齊後，感覺到好像一條綁住心臟的繩子被解開了!很愉快!

11/3(四)

第二顆(上排左方倒數第二顆大白齒)取出汞齊後，感覺到身體有些疲倦感，做完療程我就回到公司使用溫熱療法繼續排毒，這種疲倦的感覺一直持續到傍晚，可見藏在牙齒裡的無形殺手的威力之大!

11/9(三)

今天要除的是上排右後方倒數第二顆大白齒，由於前面兩次的經驗，已經讓我做好心理準備，也很期待今天的療程!整個療程結束後，感覺到眼睛亮起來，頭腦也變得清醒，本來早上處在一個低落心理狀態，頓時也感到完全沒有任何的負面情緒!所有的負面想法完全一掃而空，這是讓我最驚訝的，沒想到除了身體的狀態之外，原來我的情緒也收到汞齊的污染許久..!

11/15(二)

最後一個牙齒的汞齊要取出了!身體真的很奧妙，因為長期在身心靈方面的學習，我自己本身也是從是身體工作，在排除汞齊的這段時間，自覺我的靈性有大幅的成長，也更加敏銳，在我的療程中對我的客戶有很大的幫助!這兩天我的左腎不自覺得疼痛起來，我也與身體溝通後知道應該是等汞齊取出後，就會好，這段時間，每取出一顆汞齊，我的身體就會自己去平衡一些狀態!那種細微到毛細血管甚至是情緒體的改變，是我在做過許多排毒療程中感受到最深刻的!今天的最後一顆汞齊就在我的上排牙齒左方(確切位置我已經不知道了)，果真在大約一小時後，我的左腎疼痛的感覺慢慢的舒緩下來，直到晚上已經沒有任何不適了。我會把我的經驗分享給我的客戶，讓困擾許久的問題連根拔除!

2011年11月

劉小姐

之前就有聽說補在嘴中的銀粉有毒，但也只是聽一聽而已，後來在一個偶然的機會之下，獲得了更深入且更完整的資訊之後，才發現原來這個銀粉的問題比很多人想

像的還嚴重，它一半以上的成份是汞，不但天天在口中釋放有毒的汞蒸氣，更是造成了許多的慢性疾病。

當我知道越多的相關資訊之後，就越覺得可怕，因為這個銀粉已經在我口中很多年的時間，雖然住家的週邊有很多的牙科診所，但是又不能隨便找一間除汞，因為這必須要有專業的除汞設備才可以避免二次中毒，所以很快的我就上網尋找有專業設備的診所。

一開始我先透過電話詢問的就是立宸整合牙科，當時我問了很多的問題，立宸的護理人員巧玲在電話中針對我的問題一一的回覆講解，而她的解說和我觀看國外的一些相關影片，不論是除汞的設備或步驟等都是有符合的，這讓我感到她相當的專業而且有耐心，這和我打電話詢問其他的診所不一樣，有些診所接電話的護理人員是一問三不知或草草的打發人，所以在一開始就對這間立宸牙科有很好的印象。

後來我到立宸診所去做更進一步的諮詢，因為費用的關係，我並沒有立刻預約除汞，而是再去其他有專業除汞設備的診所去諮詢，希望能夠比較一下，繞了一圈，最後還是決定去立宸除汞，原因是他們的方式是以不破壞牙齒的本質為訴求，以及使用的補牙材質是較為無害且不含金屬的成份。

我口中的 10 顆毒牙，在幾次的來回路程下終於除完了，在洗牙、除汞、補牙的過程中，我都可以感覺到立宸的王醫師相當的細心與用心，每一個步驟都不馬虎，是一個自我要求很高、很難得的好醫師，診所中的護理人員們也都很優秀，我在想，什

麼樣的醫師就會帶出什麼樣的護理人員吧，換句話說，若是診所裡的護理人員素質很好的話，那麼醫師本身應該更不在話下。

在除了第三次之後慢慢的，我感覺自己不再那麼容易累，之前常常會覺得累，有時候若超過晚上 12 點以後才睡，到了隔天更累，即使有睡飽了，還是會覺得累，不論在生活中或工作中會容易失去耐心和靈感，而且比較容易會發脾氣。而現在除完了之後，有時即使晚睡或睡眠不足，隔天的精神狀況依然很好又不易累，那麼自然的就不那麼容易怒火攻心而發脾氣，人也變得較有耐性而溫和，這是一個有利的循環。然而在寫這篇心得之前，為了要驗證這樣的改變是否有其它的因素而造成這樣的巧合，也為了信服自己與他人，這一整個星期，我每天故意的晚睡，看看隔天是否不會容易累不會一直打哈欠，實驗的結果確實如同除汞後的改變，這個汞齊涂毒我這麼多年，真的很開心把這個元凶給除掉了。

會容易累不會一直打哈欠，實驗的結果確實如同除汞後的改變，這個汞齊涂毒我這麼多年，真的很開心把這個元凶給除掉了。

2012/5/6

徐小姐

Testimonials

Testimonials are given to us by clients as a COURTESY for potential new clients. These testimonials were to show how Dr. Huggins Protocol has worked for them and how Dr. Huggins Protocol in general can work effectively for Dental Revision & your Immune System Recovery.

感言

出於禮貌，客戶們發感言信給我們，讓潛在的新客戶有所瞭解。這些感言表明了賀金仕標準治療方式如何的對他們產生作用，以及總體上賀金仕標準治療方式是如何有效整治牙齒和恢復患者的免疫系統。

Be sure and tell Dr. Huggins that I no longer have Myasthenia Gravis! I take no immune suppressant drugs, and have no symptoms!

K.P.
Recieved July 2007

必告訴賀金仕博士我不再患重症肌無力了！我請務不再服用免疫抑制劑了！也沒有任何症狀了！

K.P.
2007年7月收到

I had a tremendous experience attending Dr. Huggins session. Although my interest to alternative ways in medicine began a long time ago, I found an incredible huge layer of knowledge to discover yet. Thank you Dr. Huggins for sharing this knowledge with us!

Your job is great!
Your time is great!
Your help is great!

Special thanks to Dr. Nunnally's office and his staff for their heartfelt care.
You all are in my heart!

V.L.

Received June 2007

參加賀金仕療程是我的一次絕妙經歷。雖然我很久以前就對藥物替代療法開始感興趣了，但我發現還有一個難以置信的巨大知識層尚要挖掘。感謝賀金仕博士與我們共用這些知識！

你的工作很偉大！
你的時間很偉大！
你的幫助很偉大！

特別感謝農納利博士及其員工的悉心照顧。
你們永遠留在我心中！

V.L.
2007年6月收到

Dr. Ignaz Semmelweis insisted in the 1840's that doctors wash their hands before delivering pregnant women, who were dying off with "childbed fever." Though he succeeded in bringing down the mortality rate from 25% to less than 1%, Semmelweis was still laughed to scorn, had to resign and never saw the wide acceptance of his "theory" (though giants Louis Pasteur and Oliver Wendell Holmes agreed). Doctors in New York even petitioned the Mayor against handwashing because it was bad for business—which is the current sentiment of the American Dental Association towards the banning of mercury. Dr. Huggins has solved a problem of this scope. History will certainly prove his methods and research on mercury, root canals, and dental materials to be as obviously necessary as handwashing is today in medicine.

在 1840 年，伊格那斯·賽麥爾維斯醫生堅持認為在為孕婦助產前醫生應該洗手，避免產婦死于“產褥熱”。雖然成功地將致死率從 25% 降至 1% 以下，賽麥爾維斯仍然被他人嘲笑。他不得不辭職，而且再也沒見到他的“理論”廣為採納。（雖然偉人路易士·巴斯特和奧利弗·溫德爾·霍姆茲是贊同的）。紐約的醫生甚至向市長請願反對洗手，因為這對他們的工作不利——也是目前美國牙科協會對禁用汞齊填補物所持的觀點。賀金仕博士解決了一個類似的問題。歷史必會證明賀金仕博士的整治方法和在汞齊填補物去除、根管牙齒的拔除以及牙科材料方面的研究勢必與在今天的醫學領域當中覺得洗手是顯然必要的一樣重要。

Because of Dr. Huggins, I no longer nap two hours a day. I do not pass out anymore. I do not have vertigo anymore. I am not full of terrible rage and fear anymore. My colds are infrequent and go away in less than a week, whereas they used to come 12 times a year, plus after a workout. In the winter, I would have a 3 month sinus infection that antibiotics couldn't help. I've had only one sinus infection in two years now, and that one was my own fault because I ignored all of Huggins' advice (I ate sugar, drank coffee, and way overdid the exercise. All of the energy I regained after my revision made me feel invincible . . . like the Protocol didn't apply anymore. It did!).

因為賀金仕博士，我不再每天打盹 2 小時；我不再暈厥了；我不再眩暈了；我不再充滿可怕的憤怒和恐懼了。我不再頻繁感冒且一周內就會痊癒。而以前我一年感冒 12 次，運動後次數還要增加。冬天，我會得 3 個月的鼻竇炎，用抗生素也沒幫助。兩年來我只得了 1 次鼻竇炎，而且那次是我自己的過錯，因為我無視所有的賀金仕建議。（我吃糖、喝咖啡、過量運動。修復治療後重獲的能量讓我感到無所不敵 就像不再需要標準方式治療一樣。確實是這樣！）

I had nine deep mercury fillings and three root canals and went from a serious athlete to a chronic fatigue mess within two years of my first root canal. Fourteen years later, I had a dental revision. I thought I'd save money so I didn't go to Dr. Huggins' clinic; I went to a Mexican dentist who used to be associated with Huggins. It went fine, except I was crawling on the floor in pain for the next six months, and he left me with a mouth full of cavitations and infected areas around the root canal sites. Dr. Huggins treated me like a daughter when I called him, told me to come to a dental revision clinic, and long story short, he found the leftover infections the first dentist missed, and solved my pain problem.

我有九個較深的汞齊填補物和三個抽過神經的牙齒。在首次做根管治療的兩年裏，我從熱衷運動轉變到慢性疲勞的一團混亂中。十四年後，我做了牙齒整治。我想省錢，所以沒有去賀金仕博士的診所。我去了一個曾與賀金仕博士合作過的墨西哥牙醫那。一切都變好了，除了在接下來的六個月裏我痛到在地上爬。而且，他留給我滿口的齒槽骨空穴和根管牙齒拔除後周圍的感染。當我打電話給賀金仕博士時他像對女兒一樣待我，讓我去整治修復診所治療。長話短說，他發現了第一個醫生失誤遺留下的感染並且治好了我的疼痛。

Now he is helping me rebuild my nervous system through diet and supplementation, and teaching me to not overdo it (very hard) and I trust that, as he has helped me with my pain, sickness, and malaise, he will help me with getting strong again.

現在，他正在通過飲食和營養補充品幫助我重建神經系統，還教我不要做得過頭（非常困難）。既然他已經幫我解決了疼痛、疾病和不適，我相信他將會幫助我重新變得強壯。

Dr. Huggins-Dad-I love you. You are one of the biggest answers to prayer in my whole life and my heart will burst with gratitude whenever I think of you for the rest of my life. Thank you forever.

賀金仕博士——爸爸——我愛你。你是我一生中上帝對我的一個最大回報。在我餘生中，無論何時想起你，心中都會充滿感激。

Sincerely
Received 2/2007
真誠地 JG
2007年2月收到

JG

Three years ago I traveled in an RV caravan with 20 other RV'ers from Texas throughout Mexico for 44 days. During that time it was pretty stressful for my husband and as the roads were not the best, and I lost some weight at that time. I also ate fish nearly every day! When we returned to the US, I would wake up and when I sat up, the whole world started spinning. I became very dizzy most of my waking hours, and because my body was always trying to keep its balance. I was also so very tired all the time. I have seen 3 neurologists, ear, nose, and throat doctors; I also had 2 MRI's to see if maybe I had a tumor. This whole thing started in March of 2004. Finally in June 2006 I saw a naturopathic doctor who gave me a heavy metal blood test that actually gets into the blood cell itself and found that my mercury level was in the 99 percentile! She wanted to do chelation right away, but I was very nervous because I new that I had a lot of mercury in my teeth. I got on the internet and I also had started seeing a Chiropractor who had all his amalgams removed in Canada with Dr. Huggins course and dentists who follow his protocol.

三年前，歷經 44 天，我開著房車與其他 20 輛車一起從德州穿越墨西哥。期間我丈夫壓力比較大，而且由於道路狀況不是很好，當時我的體重減輕了。我還幾乎每天都吃魚！當我們回到美國，我睡醒後要坐起來時，整個世界都開始在旋轉。大多數醒著的時候我都感到很暈，因為我總是試著保持身體平衡。我還整天都很累。我看了 3 個神經科醫生和耳鼻喉科醫生，我還做了 2 次核磁共振看我是否得了腫瘤。整件事是從 2004 年 3 月開始的。最後到 2006 年 6 月，我看了一位自然療法醫生。他給我做了一個血液重金屬檢測，發現我的汞含量達到了 99%。她想立即做螯和治療，可是我非常緊張，因為我知道我的牙齒裏有好多汞。我上網查詢，還開始關注到一名脊柱推拿治療者在加拿大，參加了賀金仕博士的療程並須找遵循賀金仕博士標準方式的牙醫治療，把所有的汞齊填補物都去除了。

My symptoms were getting worse and my own personal doctor wanted to send me to the Mayo Clinic because she just couldn't figure out what was wrong with me. My symptoms were starting to change. I also had an uncontrollable wobble, and I couldn't think straight. I had migraines 3 or 4 times a month; my tongue was always sore where it touched the mercury in my teeth. I had pretty much resigned to the fact that at my age of 57, I was becoming an old lady, which just about killed me. I am an avid fly fisherman and love to play golf, but both of these were out of the question.

我的症狀變得越來越糟糕。因為不能明確病情，我的私人醫生想把我轉診到梅奧診所。我的症狀開始發生變化。我還不自主地顫動，也不能正確思考。我一個月發生 3 到 4 次偏頭痛，舌頭碰到汞齊填補物的地方總是會痛。我不得不承認這樣一個幾乎殺死我的事實：在我 57 歲時，變成了一個老太婆。我是一個釣魚愛好者，喜歡打高爾夫，但這兩樣興趣已經不可能了。

After much soul searching and investigation into Dr. Huggins and his treatment, my husband and I decided that we would go ahead with the amalgam removal and since I also had a root canal on one of my front teeth I knew that it would have to be removed. I also had 4 cavitations on my wisdom teeth; this needed to be taken care of too. I met with the dental staff the first day I was there, and they put me at ease. The next morning I went into the dentist office and had the work done. I had intravenous Vitamin C during the whole procedure. When I woke up later that day, I felt great, but a little groggy. The next day, ALL my symptoms were gone! I didn't need my cane; I could turn around in a circle without holding on to something. My husband could not believe the difference in me, and I still marvel at how great I feel.

經過許多自我反省和對賀金仕博士和他的療法的研究後，我們夫婦倆決定前去把汞齊填補物拿掉。而且自從我的一個前牙做了根管治療後，我就知道這個遲早也是要拔掉的。我還有 4 個拔了智齒餘留下來的齒槽骨空穴，這也需要好好處理。第一天到達後，我與工作人員見了面，他們使我很放鬆。第二天早上，我去了牙醫辦公室做了治療。整個過程中有給我注射了維生素 C。後來當我醒來時，感覺很棒，但有點站不穩。第二天，我所有的症狀都消失了。我不需要用拐杖了。我不用扶著東西就能轉圈了。我丈夫不敢相信我的變化，而我仍對這麼棒的感覺驚歎不已。

Thank you Dr. Huggins and all the wonderful people that helped me get my life back. I hope to see you on the golf course or fly fishing on the beautiful Deschutes River in Oregon.
K.S.

Received 3/2007

謝謝你賀金仕博士以及所有幫助我重獲新生的好人們。希望我能在高爾夫球場或是在美麗的俄勒岡州德舒特河邊釣魚時看到你們。

K.S.

2007年3月收到

In 1999, I became very sick and was diagnosed with MS. That year I had a complete dental revision at your clinic in PV which included consultation with you and Dr. L. Today I am completely healed and in great health. It has been over 3 years since my last MS symptom.

1999年，我病得很重，被診斷患有多發性硬化症。那年我在你位於PV的診所做了徹底的牙科整治，包括諮詢你和L博士。今天我徹底痊癒了，並且身體很健康。我已經有3年多沒發作了。

The root cause of my MS was, of course, the mercury toxicity from dental work. I'm not sure if you remember me as I know that you work with thousands of cases like mine. One of the unique aspects to my case was how my symptoms started the day of a dental visit where I had two old fillings removed to make room for crowns. There was a very direct cause and effect in the timing of me being healthy when I sat down in the chair of a dentist who didn't respect the toxic potential of mercury and me experiencing my first MS symptoms as I stood up and walked out.

引發我多發性硬化症的根源，當然，就是牙科治療中的汞中毒。我不確定你是否還記得我，因為我知道你治療了幾千例像我一樣的病。我這個病的一個獨特之處就是我的症狀是如何開始的，在我去牙醫那取出兩個舊的填補物並換上假牙那天。當我坐在治療椅上，接受那個不重視汞齊填補物潛在毒性的牙醫的治療時，我是健康的，然而當我站起來走出去時，我經歷了第一次多發性硬化症的症狀。這就是最直接的原因和影響。

The other unique thing about my case is how clearly God answered my prayers for healing. God led me through the misinformation of mainstream medicine to show me the truths and give me the knowledge that I needed to chart the right course of healing, which, obviously, included the information and restoration work that I received from you and your clinic.

另一個獨特之處是上帝是如何清晰地回應我對康復的祈求的。上帝帶領我透過主流醫學的錯誤資訊看到真相，並賦予我知識，讓我制定正確的康復療程。顯然，包括了從你和你的診所得到的資訊和整治。

Thank you again for your work and your passion for helping others to be healed. I have thanked God for your good work and prayed for the continuing prosperity of your ministry.
Sincerely DDK

Received 1/2005

再次感謝你。感謝你的治療以及你幫助他人恢復健康的熱誠之情。我已為你的出色工作向上帝表示感謝，並且祈禱你的事業繼續繁榮昌盛。

真誠地 DDK

2005年1月收到

The year 2004 was a wonderful year for me & my husband, BECUAUSE of YOU and your book.
Thank you so much again.
May 2005 bring you all the best!

Love, FMS
Received 1/2005

2004年，對我們夫婦而言，是精彩的一年。因為你和你的書。再次非常感謝你！
願你 2005年裏一切順利！
愛你的 FMS
收於 2005年1月

I was a patient of yours in '93' at C/S. After the removal of the amalgams & root canal that I had pain with for 17-yrs. I had 'no more' pain in my jaw & ear. The tingling in my right arm left while I was still in the bubble with my husband. I also bought 12 books, 'Its All In Your Head,' and sold them to people who would listen. When I've told dentists what I went thru, they don't believe me and say, 'there's no evidence of mercury poisoning.' Drives me crazy----I just say, 'whatever, thank goodness for Dr. Huggins.' They know you, I just like to let them know I'll have the last say.!! Thanks again Dr. Huggins.
D & G W

Received 1/2005

我是 1993 年你的 C/S 的一個病人。當去除了汞齊填補物和拔除讓我痛了 17 年的根管治療的牙齒後，我的下巴和耳朵“不再”痛了。當我右上臂的刺痛消失時，我和丈夫還是不敢相信這是真的。我還買了 12 本《全都源於頭部》，並賣給了那些願意聽的人。當我告訴牙醫我所經歷的一切，他們不相信我，還說：“沒有證據證明汞齊填補物有毒。”快把我逼瘋了——我就說：“無所謂，感謝上帝給了我們賀金仕博士。”他們知道你的，我只是想讓他們知道我有最後發言權！！再次感謝你賀金仕博士。

D&GW
收於 2005年1月

Thank You for helping us in a time of need and for your follow up. M's health has dramatically changed. You can give out our phone number as a reference if you want to. All the symptoms are gone. You have been recommended many times over. Thank You
M & S D
Received: 12/04

謝謝你對我們的及時和後續幫助。

M 的健康狀況發生了戲劇性的變化。如果想要的話，可以公開我們的電話號碼以作諮詢。所有的症狀都消失了。我已經向別人推薦了你許多次。謝謝你！

M&SD

04年12月收到

I was a patient of yours in 1993, thank goodness I found you. No MS symptoms, no pain in jaw, nice to see your picture.

DW & GW

Received: 12/04

我是 1993 年時你的一個病人，感謝上帝當時讓我找到了你。我沒有多發性硬化症的症狀，也沒有下巴疼痛了。很高興見到你的照片。

DW&GW

04年12月收到

Thank you for the dentist referrals, we will get right on it, because some of our family needs dental work. Buzz (GT) already has better eye-hand coordination than two years ago.

LT

感謝你的牙醫推薦，我們將得到正確的治療，因為我的一些家人需要牙科治療。我現在開車比兩年前手腳協調多了。

LT

This isn't quite a question but more praise for Dr. Huggins and his staff. I wanted to thank you from the bottom of my heart! If it wasn't for Dr. Huggins and the books we found (Uninformed Consent & It's All In Your Head) my mother may very well be dead by now. Thank you for all of the work you do and the tireless effort you put into getting the truth about mercury and other toxins published to the world.

LJW

這不是詢問而是對賀金仕博士及其員工的更多的讚揚。我從心底感謝你！

如果不是賀金仕博士和我們找到的書（《牙醫師未告知的風險》《全都源於頭部》），也許我母親現在早就已經死了。感謝你所做的一切，以及你所投入的不懈努力，出版書籍告知世人關於汞齊填充物和其他毒物的真相。

LJW

"You have helped me so much with gathering information about my upcoming dental revision. I am also pleased with your book, "The Huggins Client Education Packet."

"I ordered one recently, and I wanted you to know how grateful I am and to pass this appreciation on to Dr. Huggins. I specifically like the booklet with all of the checklists in it, its easy to read and gives me clear steps on how to approach all of this. My desire for dental revision has been clear, but I had no idea what to do, and this education packet sure helps to make some appropriate decisions for me."

I also applaud Dr. Huggins for his perseverance in helping to get all this info out despite the ADA (American Dental Association). May God Bless him.

"Thank you so much."

MB

“你對我為即將開始的牙科整治收集資料做出了很大的幫助。很高興看到你的書：《賀金仕客戶教育手冊》。

“我最近定了一本。希望你知道我是有多麼地感激，請將這份感激之情傳達給賀金仕博士。我特別喜歡這本手冊裏面的目錄列表，便於閱讀，而且列出的治療步驟明確，便於我瞭解整個治療過程。我對牙齒修復的要求是明確的，但我不知道要做些什麼。這本教育手冊確實有助我做出一些恰當的決定。”

我還為賀金仕博士不顧美國牙科協會阻撓堅持不懈地促使這些資訊公之於眾喝彩。願上帝保佑你。

“非常感謝你。”

MB

God Bless Dr. Huggins and his leadership to protect his fellow man. I have MS and had my one and only root canal removed and am in the final stages of having my fillings removed. In 24 hours my energy doubled, in 48 hours my walking gait and tremors ceased. I am a believer and want to thank Dr. S for informing me to your research.

RAK

上帝保佑賀金仕博士和他的領導地位來保護他的屬下。我患有多發性硬化症。我把僅有的一個根管治療的牙齒拔除了，目前正在做最後一步，去除我的汞齊填充物。24 小時內我的精力翻倍了。48 小時內我的行走步態和顫抖停止了。我是個信徒。我想感謝 S 博士通知我參與你們的研究。

RAK

To whom it may concern:

I thought that Dr. Huggins program was nothing but cloak and dagger bull. But as of May 2002, after Dr. B removed mercury and cavitations from my wife, I changed my mind. I saw a tremendous difference in her both physically and emotionally. In only eight days I could see that she was on the road to being healthy for the first time in twelve years. I am so grateful for Dr. Huggins work and for the brighter future he has given my wife.

RN

致相關人士：

我原以為賀金仕博士的治療計畫不過是騙人的把戲。但是 2002 年 5 月，當 B 博士把汞齊填補物和齒槽骨空穴從我妻子口中去除後，我改變了這個看法。我看到了她生理上和情感上的雙重驚人變化。僅僅 8 天時間，我可以看出十二年裏她第一次向健康之路邁進。十分感激賀金仕博士所做的治療，以及他給我妻子帶來的更加光明的未來。

RN

Dr. Huggins,

I can not begin to express my gratitude for your commitment to the cause of amalgam removals, your unending allegiance to the truth in the face of insurmountable struggles and your patience and perseverance in translating the research from scientific to layman's terminology so that we, the patients have the choice and ability to alter our lives forever.

I feel privileged to have met you in C this past week. I enjoyed and appreciated the humor and candor with which we worked through the vegetarian issues and the patience you displayed for me to comprehend the chemistry of the course.

Thank you so much for being a part of my transitional milestone to health.

Many Blessings

SR

賀金仕博士：

我完全無法表達對你的感激之情。感謝你為清除汞齊填補物所做的貢獻。在不可逾越的鬥爭面前你始終擁護真理，不厭其煩、堅持不懈地把研究內容從科學術語翻譯成大眾化語言，讓我們這些病人永遠有選擇並有能力改變我們的生活。

很榮幸上星期在 C 見到你。我很享受也非常欣賞我們一起談論素食問題時你顯現出的幽默和坦率，以及幫我理解治療過程中的化學知識所表現出的耐心。

非常感謝你成為我恢復健康的一個里程碑。

祝福你

SR

Dr. Huggins Protocol Testimonials on this website were written by clients who have been through the protocol or used his educational material. We do not imply that testimonials contain ANY proof of any sort.

'Medical diagnoses' and/or 'proof of recovery' can be sought from a testimonial author ONLY if the author has provided Dr. Huggins with a full name, address on along with their Testimonial. Anyone wishing to inquire about proof should do so by Contacting Us.

網頁上對賀金仕博士標準方式的感言是由已經通過整個標準方式治療或運用了他的教育性資料的客戶所寫。我們沒有暗示感言裏含有任何一種證據。

“醫學診斷”和/或“康復證據”可以從感言作者那裏找到，僅當這位作者提供給賀金仕博士感言並同時附上他（她）的全名、位址的時候。任何人想查詢這些證據，聯繫我們時也必須這樣附上全名和地址。

Find A Trained Dentist

Nearly 40 years ago, Dr. Huggins found that removing amalgams and/or root canal teeth without following the proper Protocol could cause the onset of autoimmune diseases that were not there previously. During these years he developed the Protocol that potentially gives far more benefit than risk.

尋找一位受訓的牙醫

近 40 年前，賀金仕博士發現，去除汞齊填補治療和/或拔除根管治療的牙齒而沒有遵循正確的標準方式治療，可能引發新的自體免疫系統疾病的發作。這些年來，他發明了一套標準治療方式，實際所帶來的利益遠多於風險。

For years, Dr. Huggins referred to dentists who had attended some of his seminars. But as time went on, many people called him back to complain that they were worse off than prior to having their amalgams removed. Investigation determined that many of these dentists were leaving out the majority of the Protocol recommended by Dr. Huggins and many were placing root canals. Root canals are worse at creating degenerative and autoimmune diseases than mercury from amalgam. Dr. Huggins felt that he was directing people from the frying pan into the inferno of autoimmune disease so he stopped referring.

多年來，賀金仕博士推薦參加了他的一些研討班的牙醫。但是隨著時間的推移，許多人來電抱怨說除去汞齊填補物後他們比先前更糟。調查顯示，這些牙醫大都脫離了賀金仕博士推薦的標準治療方式的主體，許多牙醫都在做根管治療。根管治療造成的退化性疾病和自體免疫系統疾病比汞齊填補物中的水銀造成的更糟。賀金仕博士感到他在把患者從火坑中推入熾熱的地獄（自體免疫系統疾病），因此，他停止了推薦。

To meet the public's increasing demands for "safe" dentistry, Dr. Huggins started a Multi-Discipline Alliance of professionals and therapists who will "first do no harm".

爲了“安全”治療的要求，賀金仕博士創建了一個有多項紀律約束的聯盟。聯盟中擁有的專業人員和治療師“首先不做傷害之事”。

Dr. Huggins and his team train the individual doctors to practice the Huggins Protocol safely. Alliance members offer the computer-generated Huggins Recovery Program of blood interpretations, biocompatible dental materials, sequential removal of offending materials, a clean air environment as provided by negative ion generators that remove mercury from the surrounding air, instructional videos and informed consent. In addition, the Abbreviated Program also offers acupressure, massage, in-house blood interpretations for nutritional guidelines, a day of classes, and conscious sedation.

賀金仕博士和他的團隊訓練每個醫生安全操作賀金仕博士標準方式。聯盟成員提供由電腦生成的賀金仕康復課程，包括血液解析、生物相容性牙科材料、按順序去除有害的材料、清新的空氣環境（由負離子發射器清除周圍空氣中的汞）、DVD 視頻說明以及未告知的風險。此外，還提供指壓按摩、推拿、室內血液解析（指導營養補充）、一日課程以及鎮靜麻醉治療。

The Full Program offers in addition to the total dental revision, the multi-disciplined health experience including over 18 hours of nutritional counseling based on evaluations of your blood chemistry test, hair analysis and lifestyle questionnaire; development of a personal treatment plan; generation of an individualized detoxification program; full access to the Nutritional Education and Video Library; therapeutic massages, acupuncture treatments (providing total electrical realignment of the body); blood tests; IV Vitamin C treatments (to facilitate healing and for protection during dental procedures); an initial supply of supplements; and the design of an individualized follow-up program. This program involves the direct participation of trained professionals for those with serious health issues and autoimmune diseases; such as: MS, ALS, Parkinson's, Leukemia, Lupus, Diabetes, Alzheimer's, etc.

完整課程另外提供全程牙齒整治方法。這個多紀律約束的康復經歷包括基於血液生化檢測、毛髮分析和生活方式問卷調查結果的超過 18 小時的營養諮詢、個人治療計畫的制定、個人解毒計畫的生成、營養教育和視頻資料庫的全接觸、推拿治療、指壓按摩治療（提供全面的電生理調整）、血液檢測、靜脈注射維生素 C 治療（促進身體恢復並在牙科治療中起保護作用）初步的補充品供應以及個性化的後續治療設計。課程由訓練有素的專業人員直接參與，為那些有嚴重健康問題和自體免疫系統疾病的人而設，如多發性硬化症、魯蓋瑞氏病(漸凍人)、白血病、紅斑狼瘡、糖尿病、阿茨海默病（老年癡呆症）等等。

About Huggins Applied Healing

Huggins Applied Healing was founded on the principles of educating those who may be suffering from dental materials and practices that may be connected to a variety of health issues. Many chronic health problems may have been caused by damage from dental fillings, root canals, cavitations, diet, or environmental toxins. Any of these can adversely change your body chemistry. This damage may have pushed your immune system over the edge, leaving you more susceptible to immune diseases.

關於賀金仕修復計畫

賀金仕修復計畫的建立旨在教育那些可能苦於受牙科材料和操作而引起多種健康問題的患者。許多慢性健康問題的產生可能源於牙科填補材料、根管治療、齒槽骨空穴，飲食或環境中的毒素。任何一個因素都能徹底改變你體內的血液生化反應。這種損害也許已經把你的免疫系統推出了正常邊緣，使你更易罹患免疫系統疾病。

A win for us

A win for us ... FDA changes website The first crack in FDA's armor has appeared, folks. This morning, FDA changed its website, adding this sentence: "High levels of mercury vapor exposure are associated with adverse effects in the brain and the kidneys." (Go to <http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/DentalProducts/DentalAmalgam/ucm171094.htm> and scroll down to "Potential Risks"). Prior to this, the website did not explain to consumers the damage caused by mercury at all. Congratulations to all of us in the mercury-free dentistry movement. FDA realizes that its website, like its rule, is a cover-up of the existence and risk of mercury, so its lawyers are trying to ease FDA into a more defensible position (see e-mail below). But it is still "the Henry Schein Amalgam rule." It still allows the nation's #1 distributor of mercury amalgam, Henry Schein Inc. untrammelled rights to market amalgam for everyone, even pregnant women, without even disclosing the mercury to patients. (As you will recall, Schein paid Margaret Hamburg about a million bucks to be its director during her revolving-door time outside of government.) The website still does not re-instate the language FDA agreed in writing in 2008 to maintain on its website: "Dental amalgams contain mercury, which may have neurotoxic effects on the nervous systems of developing children and fetuses." In particular the website still fails to inform consumers that young children and unborn children are especially susceptible to the effects of mercury. FDA does not want parents to know about this danger to children even though it admits that this information is true (buried deep in the labeling intended for dentists in the new rule's special controls, the agency writes that "The developing neurological systems in fetuses and young children may be more sensitive to the neurotoxic effects of mercury vapor"). Now that you had an impact writing Deputy Commissioner Sharfstein. our next step will be to write your Representative in Congress. My next e-mail will suggest talking points and the route to e-mail and to phone him or her. FDA is covering up the mercury risks, but doing so a little bit less than yesterday. We move forward; they retreat. In the words of our first naval hero John Paul Jones, "We have not yet begun to fight." Charlie 11 August 2009

我們贏了

我們贏了……美國食品藥品管理局（**FDA**）更換了網站上的內容。朋友們，**FDA** 的保護殼第一次被擊碎了。今天早上，**FDA** 更換了網站上的內容，附上這一句：“高濃度的汞蒸氣暴露對大腦和腎臟有不利影響。”（登陸

<http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/DentalProducts/DentalAmalgam/ucm171094.htm>，滑鼠向下，進入“潛在的風險”。）在此之前，網站上根本沒有向消費者解釋汞造成的危害。祝賀我們的無汞牙材治療運動取得了成功。**FDA** 意識到它的網站，像它的規則一樣，是在為汞齊填補物的存在和風險作掩護，因此 **FDA** 的律師在試圖緩和，使之處於一個更具防禦性的立場（看下面的電子郵件）。不過還是“亨利·施恩汞齊規則”。它仍然允許全國排名第一的汞齊填補物分銷商亨利·施恩公司可以在市場上自主出售汞齊填補物給每個人，甚至是孕婦，而沒有告知汞齊填補物中的汞對患者的危害。（正如你會想起：施恩公司支付給瑪格麗特·漢堡（現 **FDA** 局長）約百萬美元聘請她做公司董事，當她離開政府部門處於徘徊時期。）網站上沒有再次插入 **FDA** 在 2008 年時同意寫在自己網站上的話：“牙材汞齊填補物含有的汞可能對正在發育的兒童和胎兒的神經系統有毒害。”特別是網站上仍然沒有告訴消費者幼童

和胎兒尤其容易受到汞的毒害。FDA 不想讓家長知道這種對兒童的危害即便它承認這個說法是真實的。(記者寫道：“胎兒和幼童的處於發育階段的神經系統可能更易受到汞蒸氣的毒害。”受新規則的特殊控制，牙醫們打算將這個真相深埋，絕口不提。)既然你給 FDA 副局長沙夫斯泰寫信起了作用，我們下一步將寫給國會議員。我下一封電子郵件將寫信提出談話要點、電郵途徑並會給他(她)打電話。FDA 在掩蓋汞齊填補物的風險，但已經比昨天收斂點了。我們向前進一步，他們就向後退一步。拿我們第一個海軍英雄約翰·保羅·鐘斯的話說：“我們還沒有開始戰鬥。” 查理 2009 年 8 月 11 日

British TV expose on mercury fillings applauds FDA warnings

In February, Britain's second-largest TV network ran an exposé on mercury fillings called "What's In Your Mouth?": http://www.toxicteeth.org/mercury_fillings_Feb_2009.cfm It appeared on Britain's heavily-watched TONIGHT program in a SIXTY-MINUTES-style format. I was the sole American spokesman for mercury-free dentistry featured on the show (about 15 or 20 minutes into the clip), and I took the opportunity to present our movement's successes to the large British audience. By contrast, the British Dental Association executive director's confrontation with the reporter was a huge defeat for the pro-mercury dental interests. The show highlighted the FDA warning about the toxicity of mercury in amalgam -- the warning that came about as a direct result of our negotiated settlement against FDA. There it was, right on the screen: "Dental amalgams contain mercury, which may have neurotoxic effects on the nervous systems of developing children and fetuses." The program focused on another success of our movement -- the fact sheets. Visiting a dental office in Maine, the reporter pointed to the fact sheet about the risks of mercury amalgam, which must by law be given to each patient. This law was written by one of our leaders, Congressman Mike Michaud (while he was a state senator), and was passed by the Maine legislature due to a great grassroots effort spearheaded by activists Pam Anderson and Kathleen McGee. Small wonder, then, that the reporter challenged British health authorities to try to catch up with the bans in Scandinavia -- and also to keep up with the progress in the United States. Charlie 19 March 2009 PS--In my interview, I said, "Mercury amalgam is headed to the dustbins of history." Now let's make it happen! Charles G. Brown, National Counsel Consumers for Dental Choice 316 F St., N.E., Suite 210, Washington, DC 20002 Ph. 202.544-6333; fax 202.544-6331 charlie@toxicteeth.org, www.toxicteeth.org Working for mercury-free dentistry

英國電視臺曝露汞齊填補物事件，盛讚 FDA 的警告

一月，英國第二大電視網製作了一檔曝光汞齊填補物的節目，名為：“你嘴裏的是什麼？”

http://www.toxicteeth.org/mercury_fillings_Feb_2009.cfm 這檔節目在英國收視率極高的“今夜秀”節目播出，歷時 60 分鐘。我是唯一的美國人獨自在節目中為無汞牙材治療發言(大約剪輯成 15 到 20 分鐘)。借此機會我把我們無汞運動的成功事例呈現給廣大的英國觀眾。與此相反，英國牙科協會執行董事與記者的對峙對牙科親汞利益是一次巨大的打擊。節目突出了 FDA 對汞齊填補物中汞毒性的警告——我們與 FDA 談判解決的直接結果。它就在螢幕上：“牙材汞齊填補物中的汞可能對正在發育的兒童和胎兒的神經系統有毒害。”節目還關注了我們另一個成功的運動——實況報導。在拜訪了緬因州的一個牙醫診所後，記者在報導中指出了汞齊填補物的風險。這個風險應該以法律的形式告知每一位患者。這條法律由我們的一位領袖：國會議員麥克·米肖(寫之時他是一名州參議員)所寫，經過以積極分子潘蜜拉·安德森、凱薩琳·麥基領銜的基層大眾的努力，該法律被緬因州立法機關通過。那麼，這名記者挑戰英國健康權威以試圖趕上北歐的禁令——並且與美國的進展保持同步也就不足為奇了。查理 2009 年 3 月 19 日 另外——在

採訪中，我說過：“汞齊填補物即將被丟進歷史的垃圾桶。”現在，讓我們做到這一點！查里斯·G·布朗，地址：[National Counsel Consumers for Dental Choice 316 F St., N.E., Suite 210, Washington, DC 20002 Ph. 202.544-6333](#)；傳真：[202.544-6331](#)；郵箱：charlie@toxicteeth.org；網址：www.toxicteeth.org 致力於無汞牙材治療

02-12-2009

Addition to Feb 09 newsletter

Addition to current newsletter BREAKING NEWS... With the recent admissions by the FDA that mercury fillings should not be placed in pregnant or lactating women, nor in children whose brain is still developing, I feel exonerated. I lost my license for telling people mercury did this and more. Now trial lawyers can come to the front and see to it that dentists – after being sued – should stop poisoning people. I vote to make lawyers part of the health profession. The article below appeared in the Colorado Journal for Trial Lawyers this month. Or you can click on this link for a copy of the article. www.toxicteeth.org/mercury_dental_fillings_toxic_tort.pdf

2009-02-12

09年1月簡訊的附加報導

當前簡訊的附加報導 重大新聞：最近美國 FDA 批准汞齊填補物禁用於孕婦或哺乳期婦女，以及大腦尚在發育的兒童。我由此感到自己是清白的。因為告訴人們汞的這些及更多危害而使我丟掉了行醫執照。現在訴訟律師可以走到台前確保牙醫——被起訴後——必須停止毒害人。我贊成律師成爲健康事業的一部分。下面這篇文章是寫給訴訟律師的，刊登在本月的科羅拉多州日報上。你也可以點擊這個聯接看原版文章。

www.toxicteeth.org/mercury_dental_fillings_toxic_tort.pdf

02-09-2009

Newsletter from Dr Huggins February 2009

The past few years have been spent examining diseases and associated chemistries controlled by dental materials beyond just mercury. 35 years ago I made a huge mistake. Armed with 12 patient cases, I went to the dental associations asking that mercury be banned due to its obvious poisonous consequences. There were consequences, none of which reduced mercury consumption. Personal consequences resulted in assaults that I had no idea my parent organization would launch, especially when the “code of ethics” spelled out, “If you discover anything that concerns the health of the professional, or the public, you are required to expose that information to the professions and the public”. Sounds pretty responsible, but it was not true when evaluated against liability, financial loss and professional embarrassment. I feel exonerated to a limited extent by the recent admission of the FDA that there were reasons why they limited mercury in all areas of public exposure, except dental fillings, and I was pleased that they stepped in the right direction by saying mercury amalgam fillings should not be placed in pregnant women and children. I’ve always wondered why pregnant women are so special. Why should I not be protected as well as they? Today, there is another problem to be confronted. Toxins from root canals, implants and cavitations provide even longer acting consequences than mercury. This time I shall share my findings with non-political entities to turn discoveries and observations into scientific research that can improve the health of the planet far more than providing government paid drugs to cover up symptoms. By mid February, press releases will be sent out telling of some of the 40 most influential chemistries I have monitored during the

past 40 years. 200,000 data points have suggested to me that mercury is not the only dangerous dental material. Porphyrins, spinal taps, cholesterol, white blood cells and albumin have been great teachers to demonstrate how influential toxins from dental procedures can be. You, the public should have a choice. You may choose to smoke, consume alcohol, drive too fast – but! You know the potential consequences. How many people know the consequences of housing the 40 anaerobic bacteria in implants, the 60 in root canals, or the 80 in cavitations? How many know the adverse consequences of trying to fight these microbes with antibiotics? Should you be told the consequences, or just accept the fact that dentistry has raised the requirement bar of 30 million root canals per year up to 60 million per year. Why the increase? Did they stop making tooth brushes? When would organized dentistry get around to telling you that these bacteria (found in 100% of the samples tested with DNA identification methods) are more damaging than smoking or drinking (or cocaine)? Watch for information as it hits the media, and please let us know what you saw and where you saw / heard it. This will assist us in getting this important message to the most valuable listeners. You.

2009-02-09

2009年1月賀金仕博士發來的簡訊

過去幾年時間都花在了檢查受牙科材料（不僅僅是汞齊填補物）控制的疾病和相關化學元素。35年前我犯了一個大錯，帶著12個患者的病例，我去了美國牙科協會。由於明顯的中毒後果，我要求禁止使用汞齊填補物。這樣產生了幾個後果，但沒有一個是減少了汞齊填補物的購買量。個人後果是導致了上級組織對我的攻擊，我沒想到他們竟然會這麼做，尤其是打著“道德標準”的旗號：“如果你發現任何涉及醫學專家或公眾的事情，你應該將這些訊息公開告訴給業界人士和公眾。”聽起來振振有詞，但在權衡責任、美國財政損失和專業窘境時，這個標準就不對了。最近FDA的禁令讓我感覺自己在一定程度上是清白的：牙科填補材料除外，他們限制汞在所有領域的公開暴露是有原因的。我也很高興他們步入了正確的方向：宣稱汞齊填補物不該用於孕婦和兒童。我一直奇怪為什麼孕婦就如此特殊。為什麼我就不能像她們一樣被保護？今天，另一個問題擺在了我們面前：源自牙根管、植牙和齒槽骨空穴的毒素比汞毒產生的後果作用時間甚至更長。此次，我將與非政府團體共用我的發現以使發現和觀察轉變為科學性研究。這樣遠比提供政府買單的藥物來掩蓋症狀更能改善世人的身體狀況。到一月中旬，將有讀物出版告知人們過去40年間我監測到的40種最具影響力的化學元素。200,000個資料提示我汞不是唯一危險的牙科材料。卟啉、脊髓液、膽固醇、白血球、白蛋白都是很好的老師，向我們顯示了源於牙科治療步驟所產生的毒素是如何對身體產生影響。你們大眾應該做出選擇。你們可能會選擇吸煙、喝酒、開快車——但是！你們已經知道潛在的後果。多少人知道在植牙上容納了40種厭氧菌、60種在根管的牙齒或80種在齒槽骨空穴中會有怎樣的後果？多少人知道試圖用抗生素與這些微生物抗爭會有怎樣的不良後果？你們是該被告知這些後果，還是就接受這樣的事實：美國牙科治療中要求根管治療的人數已經從每年3000萬上升到了6000萬。為什麼會增長？是他們停止刷牙了嗎？什麼時候有組織的牙科醫師能聚集到一起告訴你們這些細菌（用DNA識別法發現100%的樣品都有細菌）比吸煙和喝酒（或吸食海洛因）危害更大。我們將這一種消息知識傳達給最有價值的聽眾：就是你們。