

A win for us

A win for us ... FDA changes website The first crack in FDA's armor has appeared, folks. This morning, FDA changed its website, adding this sentence: "High levels of mercury vapor exposure are associated with adverse effects in the brain and the kidneys." (Go to <http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/DentalProducts/DentalAmalgam/ucm171094.htm> and scroll down to "Potential Risks"). Prior to this, the website did not explain to consumers the damage caused by mercury at all. Congratulations to all of us in the mercury-free dentistry movement. FDA realizes that its website, like its rule, is a cover-up of the existence and risk of mercury, so its lawyers are trying to ease FDA into a more defensible position (see e-mail below). But it is still "the Henry Schein Amalgam rule." It still allows the nation's #1 distributor of mercury amalgam, Henry Schein Inc. untrammelled rights to market amalgam for everyone, even pregnant women, without even disclosing the mercury to patients. (As you will recall, Schein paid Margaret Hamburg about a million bucks to be its director during her revolving-door time outside of government.) The website still does not re-instate the language FDA agreed in writing in 2008 to maintain on its website: "Dental amalgams contain mercury, which may have neurotoxic effects on the nervous systems of developing children and fetuses." In particular the website still fails to inform consumers that young children and unborn children are especially susceptible to the effects of mercury. FDA does not want parents to know about this danger to children even though it admits that this information is true (buried deep in the labeling intended for dentists in the new rule's special controls, the agency writes that "The developing neurological systems in fetuses and young children may be more sensitive to the neurotoxic effects of mercury vapor"). Now that you had an impact writing Deputy Commissioner Sharfstein. our next step will be to write your Representative in Congress. My next e-mail will suggest talking points and the route to e-mail and to phone him or her. FDA is covering up the mercury risks, but doing so a little bit less than yesterday. We move forward; they retreat. In the words of our first naval hero John Paul Jones, "We have not yet begun to fight." Charlie 11 August 2009

我們贏了

我們贏了……美國食品藥品管理局（FDA）更換了網站上的內容。朋友們，FDA 的保護殼第一次被擊碎了。今天早上，FDA 更換了網站上的內容，附上這一句：“高濃度的汞蒸氣暴露對大腦和腎臟有不利影響。”（登陸

<http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/DentalProducts/DentalAmalgam/ucm171094.htm>，滑鼠向下，進入“潛在的風險”。）在此之前，網站上根本沒有向消費者解釋汞造成的危害。祝賀我們的無汞牙材治療運動取得了成功。FDA 意識到它的網站，像它的規則一樣，是在為汞齊填補物的存在和風險作掩護，因此 FDA 的律師在試圖緩和，使之處於一個更具防禦性的立場（看下面的電子郵件）。不過還是“亨利·施恩汞齊規則”。它仍然允許全國排名第一的汞齊填補物分銷商亨利·施恩公司可以在市場上自主出售汞齊填補物給每個人，甚至是孕婦，而沒有告知汞齊填補物中的汞對患者的危害。（正如你會想起：施恩公司支付給瑪格麗特·漢堡（現 FDA 局長）約百萬美元聘請她做公司董事，當她離開政府部門處於徘徊時期。）網站上沒有再次插入 FDA 在 2008 年時同意寫在自己網站上的話：“牙材汞齊填補物含有的汞可能對正在發育的兒童和胎兒的神經系

統有毒害。”特別是網站上仍然沒有告訴消費者幼童和胎兒尤其容易受到汞的毒害。FDA 不想讓家長知道這種對兒童的危​​害即便它承認這個說法是真實的。(記者寫道：“胎兒和幼童的處於發育階段的神經系統可能更易受到汞蒸氣的毒害。”受新規則的特殊控制，牙醫們打算將這個真相深埋，絕口不提。)既然你給 FDA 副局長沙夫斯泰寫信起了作用，我們下一步將寫給國會議員。我下一封電子郵件將寫信提出談話要點、電郵途徑並會給他(她)打電話。FDA 在掩蓋汞齊填補物的風險，但已經比昨天收斂點了。我們向前進一步，他們就向後退一步。拿我們第一個海軍英雄約翰·保羅·鐘斯的話說：“我們還沒有開始戰鬥。”
查理 2009 年 8 月 11 日

British TV expose on mercury fillings applauds FDA warnings

In February, Britain's second-largest TV network ran an exposé on mercury fillings called "What's In Your Mouth?": http://www.toxicteeth.org/mercury_fillings_Feb_2009.cfm It appeared on Britain's heavily-watched TONIGHT program in a SIXTY-MINUTES-style format. I was the sole American spokesman for mercury-free dentistry featured on the show (about 15 or 20 minutes into the clip), and I took the opportunity to present our movement's successes to the large British audience. By contrast, the British Dental Association executive director's confrontation with the reporter was a huge defeat for the pro-mercury dental interests. The show highlighted the FDA warning about the toxicity of mercury in amalgam -- the warning that came about as a direct result of our negotiated settlement against FDA. There it was, right on the screen: "Dental amalgams contain mercury, which may have neurotoxic effects on the nervous systems of developing children and fetuses." The program focused on another success of our movement -- the fact sheets. Visiting a dental office in Maine, the reporter pointed to the fact sheet about the risks of mercury amalgam, which must by law be given to each patient. This law was written by one of our leaders, Congressman Mike Michaud (while he was a state senator), and was passed by the Maine legislature due to a great grassroots effort spearheaded by activists Pam Anderson and Kathleen McGee. Small wonder, then, that the reporter challenged British health authorities to try to catch up with the bans in Scandinavia -- and also to keep up with the progress in the United States. Charlie 19 March 2009 PS--In my interview, I said, "Mercury amalgam is headed to the dustbins of history." Now let's make it happen! Charles G. Brown, National Counsel Consumers for Dental Choice 316 F St., N.E., Suite 210, Washington, DC 20002 Ph. 202.544-6333; fax 202.544-6331 charlie@toxicteeth.org, www.toxicteeth.org Working for mercury-free dentistry

英國電視臺曝露汞齊填補物事件，盛讚 FDA 的警告

一月，英國第二大電視網製作了一檔曝光汞齊填補物的節目，名為：“你嘴裏的是什麼？”
http://www.toxicteeth.org/mercury_fillings_Feb_2009.cfm 這檔節目在英國收視率極高的“今夜秀”節目播出，歷時 60 分鐘。我是唯一的美國人獨自在節目中為無汞牙材治療發言(大約剪輯成 15 到 20 分鐘)。借此機會我把我們無汞運動的成功事例呈現給廣大的英國觀眾。與此相反，英國牙科協會執行董事與記者的對峙對牙科親汞利益是一次巨大的打擊。節目突出了 FDA 對汞齊填補物中汞毒性的警告——我們與 FDA 談判解決的直接結果。它就在螢幕上：“牙材汞齊填補物中的汞可能對正在發育的兒童和胎兒的神經系統有毒害。”節目還關注了我們另一個成功的運動——實況報導。在拜訪了緬因州的一個牙醫診所後，記者在報導中指出了汞齊填補物的風險。這個風險應該以法律的形式告知每一位患者。這條法律由我們的一位領袖：國會議員麥克·米肖(寫之時他是一名州參議員)所寫，經過以積極分子潘蜜拉·安德森、凱薩琳·麥基領銜的基層大眾的努力，該法律被緬因州立法機關通過。那

麼，這名記者挑戰英國健康權威以試圖趕上北歐的禁令——並且與美國的進展保持同步也就不足為奇了。查理 2009 年 3 月 19 日 另外——在採訪中，我說過：“汞齊填補物即將被丟進歷史的垃圾桶。”現在，讓我們做到這一點！查理斯·G·布朗，地址：**National Counsel Consumers for Dental Choice 316 F St., N.E., Suite 210, Washington, DC 20002 Ph. 202.544-6333；傳真：202.544-6331；郵箱：charlie@toxicteeth.org；網址：www.toxicteeth.org**致力於無汞牙材治療

02-12-2009

Addition to Feb 09 newsletter

Addition to current newsletter BREAKING NEWS... With the recent admissions by the FDA that mercury fillings should not be placed in pregnant or lactating women, nor in children whose brain is still developing, I feel exonerated. I lost my license for telling people mercury did this and more. Now trial lawyers can come to the front and see to it that dentists – after being sued – should stop poisoning people. I vote to make lawyers part of the health profession. The article below appeared in the Colorado Journal for Trial Lawyers this month. Or you can click on this link for a copy of the article. www.toxicteeth.org/mercury_dental_fillings_toxic_tort.pdf

2009-02-12

09 年 1 月簡訊的附加報導

當前簡訊的附加報導 重大新聞：最近美國 FDA 批准汞齊填補物禁用於孕婦或哺乳期婦女，以及大腦尚在發育的兒童。我由此感到自己是清白的。因為告訴人們汞的這些及更多危害而使我丟掉了行醫執照。現在訴訟律師可以走到台前確保牙醫——被起訴後——必須停止毒害人們。我贊成律師成爲健康事業的一部分。下面這篇文章是寫給訴訟律師的，刊登在本月的科羅拉多州日報上。你也可以點擊這個聯接看原版文章。

www.toxicteeth.org/mercury_dental_fillings_toxic_tort.pdf

02-09-2009

Newsletter from Dr Huggins February 2009

The past few years have been spent examining diseases and associated chemistries controlled by dental materials beyond just mercury. 35 years ago I made a huge mistake. Armed with 12 patient cases, I went to the dental associations asking that mercury be banned due to its obvious poisonous consequences. There were consequences, none of which reduced mercury consumption. Personal consequences resulted in assaults that I had no idea my parent organization would launch, especially when the “code of ethics” spelled out, “If you discover anything that concerns the health of the professional, or the public, you are required to expose that information to the professions and the public”. Sounds pretty responsible, but it was not true when evaluated against liability, financial loss and professional embarrassment. I feel exonerated to a limited extent by the recent admission of the FDA that there were reasons why they limited mercury in all areas of public exposure, except dental fillings, and I was pleased that they stepped in the right direction by saying mercury amalgam fillings should not be placed in pregnant women and children. I’ve always wondered why pregnant women are so special. Why should I not be protected as well as they? Today, there is another problem to be confronted. Toxins from

root canals, implants and cavitations provide even longer acting consequences than mercury. This time I shall share my findings with non-political entities to turn discoveries and observations into scientific research that can improve the health of the planet far more than providing government paid drugs to cover up symptoms. By mid February, press releases will be sent out telling of some of the 40 most influential chemistries I have monitored during the past 40 years. 200,000 data points have suggested to me that mercury is not the only dangerous dental material. Porphyrins, spinal taps, cholesterol, white blood cells and albumin have been great teachers to demonstrate how influential toxins from dental procedures can be. You, the public should have a choice. You may choose to smoke, consume alcohol, drive too fast – but! You know the potential consequences. How many people know the consequences of housing the 40 anaerobic bacteria in implants, the 60 in root canals, or the 80 in cavitations? How many know the adverse consequences of trying to fight these microbes with antibiotics? Should you be told the consequences, or just accept the fact that dentistry has raised the requirement bar of 30 million root canals per year up to 60 million per year. Why the increase? Did they stop making tooth brushes? When would organized dentistry get around to telling you that these bacteria (found in 100% of the samples tested with DNA identification methods) are more damaging than smoking or drinking (or cocaine)? Watch for information as it hits the media, and please let us know what you saw and where you saw / heard it. This will assist us in getting this important message to the most valuable listeners. You.

2009-02-09

2009年1月賀金仕博士發來的簡訊

過去幾年時間都花在了檢查受牙科材料（不僅僅是汞齊填補物）控制的疾病和相關化學元素。35年前我犯了一個大錯，帶著12個患者的病例，我去了美國牙科協會。由於明顯的中毒後果，我要求禁止使用汞齊填補物。這樣產生了幾個後果，但沒有一個是減少了汞齊填補物的購買量。個人後果是導致了上級組織對我的攻擊，我沒想到他們竟然會這麼做，尤其是打著“道德標準”的旗號：“如果你發現任何涉及醫學專家或公眾的事情，你應該將這些訊息公開告訴給業界人士和公眾。”聽起來振振有詞，但在權衡責任、美國財政損失和專業窘境時，這個標準就不對了。最近FDA的禁令讓我感覺自己在一定程度上是清白的：牙科填補材料除外，他們限制汞在所有領域的公開暴露是有原因的。我也很高興他們步入了正確的方向：宣稱汞齊填補物不該用於孕婦和兒童。我一直奇怪為什麼孕婦就如此特殊。為什麼我就不能像她們一樣被保護？今天，另一個問題擺在了我們面前：源自牙根管、植牙和齒槽骨空穴的毒素比汞毒產生的後果作用時間甚至更長。此次，我將與非政府團體共用我的發現以使發現和觀察轉變為科學性研究。這樣遠比提供政府買單的藥物來掩蓋症狀更能改善世人的身體狀況。到一月中旬，將有讀物出版告知人們過去40年間我監測到的40種最具影響力的化學元素。200,000個資料提示我汞不是唯一危險的牙科材料。卟啉、脊髓液、膽固醇、白血球、白蛋白都是很好的老師，向我們顯示了源於牙科治療步驟所產生的毒素是如何對身體產生影響。你們大眾應該做出選擇。你們可能會選擇吸煙、喝酒、開快車——但是！你們已經知道潛在的後果。多少人知道在植牙上容納了40種厭氧菌、60種在根管的牙齒或80種在齒槽骨空穴中會有怎樣的後果？多少人知道試圖用抗生素與這些微生物抗爭會有怎樣的不良後果？你們是該被告知這些後果，還是就接受這樣的事實：美國牙科治療中要求根管治療的人數已經從每年3000萬上升到了6000萬。為什麼會增長？是他們停止刷牙了嗎？什麼時候有組織的牙科醫師能聚集到一起告訴你們這些細菌（用DNA識別法發現100%的樣品都有細菌）比吸煙和喝酒（或吸食海洛因）危害更大。我們將這一種消息知識傳達給最有價值的聽眾：就是你們。